

Re-Imagine the Law through Change & Balance

This workshop, presented on an annual basis for CLE credit, also attracts attorneys who simply desire to make change and enhance their professional lives.

WORKSHOP TOPICS INCLUDE:

Burnout

Workaholism

Change and Transition

Visioning

Career Change vs. Reaffirmation

Impact of Personality Type

Alternatives for Change

Finding Satisfaction Within the Legal Profession

Life Balance

TIME AND LOCATION

Date: Friday, September 9, 2005

Time: 8:30 a.m. – 5:00 p.m.

Place: Mallard Room, Homewood Suites
853 Centre Street – Ridgeland

Cost: \$280/person (+\$16 for CLE credit)
(Of this amount, a non-refundable deposit of \$100 is required to reserve a space. No refunds for cancellations made within 24 hours prior to conference. No on-site registration without prior arrangements.)

Directions to Homewood Suites: Take I-55 to County Line Road. Exit County Line and head east toward Northpark Mall. Turn left on to Centre Street. Homewood Suites is about two blocks on left across from Shapley's Restaurant.

Your first responsibility as a lawyer is to yourself, which means your ideals, your moral values and your personal sense of justice, as well as your physical and mental health. You cannot serve your profession or your clients if your own house is not in order. You cannot sacrifice your own integrity to the demands of either the profession or your client without destroying yourself.

-- A Mississippi Lawyer

Register Early to Guarantee Space.

For more information, call (601) 506-0148.

Workshop is conducted in an informal, small group setting.

REGISTRATION FORM

The seminar offers 8 CLE hours including 1 ethics hour. To reserve a space, please mail registration form and \$100 non-refundable deposit, or total amount of \$280*, to: Dr. Ann Homer Cook, 357 Towne Center Boulevard, Suite 402, Ridgeland, MS 39157. Make checks payable to "Dr. Ann Homer Cook." (Sorry, credit cards not accepted.) *An additional \$16.00 if continuing legal education hours desired. **Registration deadline is September 6, 2005.**

Name: _____

Firm Name: _____

Mailing Address: _____

Phone Number: _____

Fax: _____

CONSULTANT BIOS

Ann Homer Cook, Ph.D., C.E.A.P., is Owner and President of A. Homer Cook & Associates, Inc., a management consulting firm specializing in counseling individuals and organizations on financial and career management, career transition, organizational enhancements, and conflict resolution. She is a noted author, speaker, and workshop presenter on change management leadership, staff development, organizational structure, stress management, visioning, and life balance. She is a trainer for the Mississippi State Personnel Board. Dr. Cook is a Certified Gambling Addiction Counselor and past chair of the MS Board of Problem and Compulsive Gambling. She is a partner in Employee Health Resources, Inc., an EAP firm that provides counseling services to employees of organizations and corporations on personal issues that affect the workplace. Dr. Cook is a partner in Counseling and Consulting Professionals, Inc., an association of professionals that provides counseling and consultant services in a diversity of therapeutic and business areas.

Marilyn M. Beach, Ph.D., C.P.R.W., is a managing member of M. Beach & Associates, LLC, a firm that provides consultant services to corporations, educational, and non-profit entities and individuals. Service areas include management review and organizational enhancements, corporate visioning, project management, technical communication, résumé preparation, and interview coaching. Dr. Beach is a Certified Professional Résumé Writer. She conducts training for the Mississippi State Personnel Board. She has extensive experience in managing multi-faceted projects that require collaboration and team building and recently co-authored a resource publication on workforce development.

A. Homer Cook & Associates

Ann Homer Cook, Ph.D., C.E.A.P.
Management Consultant/Counselor

Marilyn Beach, Ph.D., C.P.R.W.
Management Consultant

357 Towne Center Boulevard
Suite 402
Ridgeland, MS 39157
Phone: (601) 506-0148
marilynbeach@bellsouth.net

Take note, managing attorneys! A negative became a positive when I was registered in this seminar simply because I needed the CLE. Instead, I found it to be the best CLE I ever attended. I came back to my office and instituted some of the ideas from this seminar. The changes have made a great impact on the morale, attitude, and quality of work in my office.

Carroll Ingram - Hattiesburg Lawyer.

RE-IMAGINE THE LAW THROUGH CHANGE & BALANCE

Friday, September 9, 2005

This workshop will assist in answering:

- *How do I deal with the stressful nature of practicing law?*
- *How do I manage the attorneys in my practice to find satisfaction within or outside of the legal profession*
- *Are the attorneys in my office enthusiastic about the practice of law or are they dissatisfied and burned out?*
- *Am I enthusiastic about the practice of law or am I dissatisfied and burned out?*
- *What are the causes of my or others' inability to fulfill the professional responsibilities at the firm?*
- *Why doesn't the work seem to get done?*
- *What are the common barriers to change?*
- *How do I finance a job/career change?*
- *What are my interests? My goals?*
- *How do I envision my future?*

Presented By:

**A. Homer
Cook &
Associates**

Sponsored By:

Law & Life – Enjoy Both
Program of The Mississippi Bar
8 CLE Credits Including 1 Ethics Hour